



Hunter syndrome impacts many aspects of life, and if you are growing up living with Hunter syndrome, there will be lots of issues to consider if you wish to become more independent. This guide may help you start thinking about some of these issues.

Many adults who have Hunter syndrome can live full and enjoyable lives. Some adults who are more mildly affected by Hunter syndrome have skilled jobs, are married, and have had children.

Transitioning from paediatric to adult healthcare

As you get older, you are likely to move from being cared for by a team of healthcare professionals who specialise in caring for children (paediatricians), to those who specialise in caring for adults.

The healthcare team might help coordinate this transition to help it go smoothly, and it might be the case that your current healthcare professional or support worker becomes the main coordinator of the transition, overseeing the process and putting you in contact with your new team, and showing you how to access other support services.

You may meet your new adult healthcare professionals before your transition, perhaps in a joint appointment, and there may be peer support groups that you might find helpful as you develop your independence.

Visit [Huntersyndrome.in](https://huntersyndrome.in) to learn more



Reference: Takeda Pharmaceutical Company Limited. Welcome to Huntersyndrome.info [Internet]. [updated April 2020; cited 2022 March 20]. Available from: <https://huntersyndrome.info>.

The information contained herein is available to the public for information purposes only; it should not be used for diagnosing or treating a health problem or disease. It is not intended to substitute for consultation with a healthcare provider. Please consult your healthcare provider for further advice, diagnosis or treatment. The information provided is aimed at increasing awareness on Hunter Syndrome and it is not meant for promotion of any specific product. Takeda makes no representation or warranty concerning the information / content provided.

This material contains copyright protected information, content; the use of which is limited by law and this material cannot be reproduced, replicated, used or modified by any person for their own use or further distribution.

Copyright © 2024 Takeda Pharmaceutical Company Limited. All rights reserved.
TAKEDA® and the TAKEDA Logo® are registered trademarks of Takeda Pharmaceutical Company Limited.



Being more independent

If you start caring for yourself more independently, there are lots of things to consider. Your local MPS society and your healthcare team can advise you, and direct you to other sources of support.

You may find it helpful to keep track of your healthcare appointments by keeping notes, if you are managing these yourself. You could keep a diary between appointments, to help you when talking to your healthcare team. It is important to have regular check-ups.

You could talk to your healthcare team about how best to take care of things like personal care, what you eat, and what exercise you do.

There are lots of home adaptations that you could consider, which might make home life easier for you. You may be entitled to support with installing adaptations or getting equipment.

If you have questions about education, or if you are thinking about getting a job, your local MPS society will be able to give you advice and let you know what other support you might be able to access.

Emotional wellbeing

Growing up with Hunter syndrome can affect your emotional wellbeing, but support is available. Counselling can help you to keep positive by focusing your thoughts on your abilities. Being in touch with other teenagers and adults who have Hunter syndrome might be helpful, and your local MPS society can put you in contact.

Visit [Huntersyndrome.in](https://huntersyndrome.in) to learn more



Reference: Takeda Pharmaceutical Company Limited. Welcome to Huntersyndrome.info [Internet]. [updated April 2020; cited 2022 March 20]. Available from: <https://huntersyndrome.info>.

The information contained herein is available to the public for information purposes only; it should not be used for diagnosing or treating a health problem or disease. It is not intended to substitute for consultation with a healthcare provider. Please consult your healthcare provider for further advice, diagnosis or treatment. The information provided is aimed at increasing awareness on Hunter Syndrome and it is not meant for promotion of any specific product. Takeda makes no representation or warranty concerning the information / content provided.

This material contains copyright protected information, content; the use of which is limited by law and this material cannot be reproduced, replicated, used or modified by any person for their own use or further distribution.

Copyright © 2024 Takeda Pharmaceutical Company Limited. All rights reserved.
TAKEDA® and the TAKEDA Logo® are registered trademarks of Takeda Pharmaceutical Company Limited.